## CREATIVE VOICE: LIFE THROUGH IMPROVISED SINGING



## Three-Day Residential Workshop October 21-24, 2016 At Eden Park Views (nr Melbourne)

When we co-create vocally with others we are engaged in listening, responding, initiating and joining. We experience relatedness, in the moment, through sound.

Using, harmony, melody, text, rhythm, ensemble work and variations in vocal timbre, we can expand our collective expressive palette. As we develop our vocal expressiveness both individually and as a group, and as we develop our musicality and feeling for story, we increasingly have the means to enter the realms of human experiencing using our voices and ourselves as instruments of compassion and responsiveness.

As a participant in this workshop, you will have opportunities to expand your vocal repertoire and refine your capacity to co-create vocally. You will be immersed in the joys and challenges associated with this form of improvisation.

All group members will be invited to share moments of experiencing and personal story that will form the basis of improvised responses. Suitable musical structures and the multiple resonances afforded by metaphor will play a part in bringing these stories to life through song.

**Expect to** develop your spontaneity, breathe in fresh air, take in the views, share meals, sing, play and co-create over the 3 days.

**Pre-requisites:** Attendance at non-residential Creative Voice weekends and evening sessions or equivalent. You must be able to hold and devise harmonies in the moment, have a reasonable degree of confidence and experience in vocal improvisation, and be willing to sing and experiment with others.

## The Facilitator



**Hilde Knottenbelt** is the originator of **Creative Voice** and has been evolving this process since 1987. In shaping this workshop she synthesises elements from a number of traditions including the a cappella tradition of unaccompanied harmony singing, playback theatre, group work principles and body-focused therapies.

Based in Melbourne, Australia, Hilde is a Director of Psychodrama Australia and is on the teaching faculty of the Melbourne Campus. She is a sessional facilitator at the Melbourne Institute of Experiential and Creative Arts Therapy in the Masters programme. Hilde runs regular ongoing Creative Voice groups and residential workshops and has a private practice in voice work, counselling and supervision.

**Venue:** Eden Park Views: www.edenparkviews.com

Eden Park is situated in a beautiful rural area 40 kms north of Melbourne and 35 minutes freeway drive east of Tullamarine Airport The house is on 11 acres and overlooks

pastoral land.

**Times:** The workshop begins on Friday 21 October at

7:00 pm with a shared dinner and concludes

on Monday 24 October at 3:00 pm.

**Singing Schedule:** Friday 8:30pm -9:30pm

Saturday 10am – 6:00pm (2 hr lunch break) Sunday 10am – 6:00pm (2 hr lunch break) Monday 9:30 am – 3:00pm (1 hr lunch break)

**Meal Arrangements:** The venue is self-catering.

Each person, together with one or two

others, provides for a lunch and/or dinner for the whole group. Participants organize their

own breakfasts.

**Cost:** Early Bird: \$635 (payment in full before

September Sept 22, 2016)

Full Price: \$655

(Includes workshop fee & 3 nights

accommodation)

**Enrolment:** A \$150 (non-refundable) deposit is payable to

secure a place in the workshop. Full payment for the workshop is due no later than October

19, 2016. Contact Hilde Knottenbelt for

further payment details.

**No of Participants:** Places are limited to 10

**Enquiries:** (mob) +61 419 192 187

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**Facebook:** Creative Voice with Hilde Knottenbelt

